



Active Play Plan – During the Pandemic

Our preschool program is a part of the Langley Gymnastics Foundation and participates in a gymnastics program for 30 minutes each day as part of their Active Play. With the limitations and restrictions from the provincial health government, this makes it difficult for our program to participate in the gymnastics.

Our plan to provide active play during the pandemic for the children is to; go on daily walks, scavenger hunts, play in the back field (not fenced) with balls, hoops, provide running exercises, relays, parachute, play on the concrete out front of our building for chalk drawing, bubbles, skipping ropes, ribbon exercises. We also have made an active play room that's across the hall from our classroom that we can play music games (that provide a variety of large motor movements), dancing, and also have a some climbing structures available as well (with mats for safety underneath).

Health and safety is one of our key elements and we plan to provide safe outdoor play by reducing our class size which will allow us to supervise each child more closely while following all other active supervision requirements. How we plan to set up the environment; when out on the concrete out front of our building we will draw chalk lines as to where the children can't go past and lie our long walking rope down as well for more visibility. When in the field we will place cones down for the children to see as markers for their available play space. Providing the children with age appropriate activities, rules and guidelines will allow for safe play as well. Staff will position themselves so they can see and hear all the children in play, while continuously scanning and head counting.

This plan is subject to change as the pandemic evolves. We plan to adjust or amend things as to follow along with the updated guidelines that the provincial health government has to offer. This plan is only temporary while the pandemic plays a role. We will return to our regular gymnastics program once the pandemic is over or restrictions change with provincial health government.

If/or when the Township of Langley building opens up:

We were also hoping that somewhere along the movement of changes with the government that we could possibly rent a space (the gym, or possibly the locked preschool playground) in the Township of Langley building. If this becomes an option we will have a cleaning protocol put in place to provide a clean and safe playground for the children to play on.